

11/04/2019

WELCOME PACK

India Project

Walawalkar Charity Hospital

July 2017

History of the India Project

The India project was started by Dr Deshpande after a visit to the Walawalkar Charity Hospital in 2006 <http://www.walawalkarhospital.com/html/index.html> he came back to the UK with a vision for staff in the North East of England to work in India, little did he know 6 years later how the project would go from strength to strength. The first visit was arranged in February 2006 it was so successful that it continued year after year. Also there was a lot of enthusiasm and input from staff and their friends who visited Dervan to collect and send much needed equipment or information.

The clinical procedures we usually undertaken include:

Orthopaedic Surgery/Spinal surgery
General Surgery
Urology Surgery
Radiology
Ophthalmic Surgery
Midwifery
Anaesthesia and Recovery
Intensive Care Therapy and Pain Service
Plastic Surgery
Psychiatry
Psychology

Non clinical included to the project:

Teaching techniques
Biomedical Engineering

The hospital has 500 beds and its supporting departments include:

- ICU - Diagnostic Centre
- Surgical ICU - CT Scanner
- Neonatal ICU - 2D Echo
- Telemedicine - Blood Bank
- Operation Theatres - Color Doppler
- Haemodialysis Unit - Cancer unit radiation therapy
- The ICU department is well equipped with ventilators, defibrillators, and pacemakers etc. to take care of the critically ill patients. Similarly, the Neonatal ICU, established in 1997 with ten incubators and a ventilator, is the only NICU available in the entire Konkan region to take care of neonates. More than 3000 neonates have been nursed in the NICU so far. Haemodialysis unit takes care of acute and chronic renal failure. The operation theatre is equipped with scopes like Laparoscope, Cystoscope, Nephro - Ureteroscope, Arthroscope and Image Intensifier.

The hospital also has well-equipped support services and departments such as:

Diagnostic Facilities	Departments		Super Specialty Departments	
Pathology	Medicine Surgery	Community Health	Onco surgery	Endoscopic Spine Surgery
Histopathology	Gynaecology & Obstetric	Dentistry	Joint Replacement Surgery	Neurology
Microbiology	Orthopaedic	Blood Bank	Nephrology	Psychiatry
Biochemistry	Paediatrics	Ophthalmology	Neuro Surgery	Gastro- enterology
Radiology	ENT	Cardiac Cath lab	Plastic Surgery	Cardiology
			Laparoscopic Surgery	Uro Surgery

Samarth Nursing School

Samartha Nursing School approved by Maharashtra Nursing Council was inaugurated in February 2001. At present Auxiliary Nursing Midwifery (ANM) Course of 18 months' duration and General Nursing Midwifery (GNM) Course (Revised) of 42 months' duration (initiated from August 2002), are offered for which 40 students are being admitted every year. Best of the medical / educational equipment necessary for the course, a good Library of Text and Reference Books has been provided. The courses are residential and excellent arrangements have been made for accommodation of the students in Hostels with the facility of a Hygienic Mess, providing wholesome and nutritious food.

BKL Walawalkar Rural Medical College

B.K.L. Walawalkar Rural Medical College is situated at Sawarda village which is about 16 kilometers from Chiplun and 290 kilometers from Mumbai on Mumbai-Goa highway.

A **medical college with 100 seats** has opened up since the year 2015 by S.V.J.C.Trust as there is a dire emergency to provide modern medical services to the rural population at their door steps. Medical students trained from this college are expected to offer their services to the local communities. This would then improve the overall quality of health-

services in these communities. Students will get an opportunity to carry forward the research already going on at B.K.L.Walawalkar Hospital. Thus the main objectives of the Rural Medical College would be to achieve academic growth, provide good doctors in rural area who in turn would serve the rural population, give an impetus to research and thus achieve overall upliftment of the society as a whole.

The school has taken another batch of 100 students in 2016 and hopefully will continue to take admissions every year.

Setting standards and empowering staff:

The team set the standards from year one based on how things are done in the hospitals of the Northern Region. Examples include the use of swab counts and the WHO surgical check list. Each year a team returns to improve on the standards set and it has been extremely rewarding for everyone to see so many positive changes to the Walawalkar Hospital and operating theatre practice

1. The UK Charity “SVJC Trust No 1128077”

SVJC stands for Shri Vithalro Joshi Charity Trust we got this name from the charity hospital in India as we used their details for the charity commission to get UK status.

After about 6 months of negotiation in 2008 to prove our worth the UK Charity Commission awarded us registered charity status early in 2009 to control the funds raised and develop a website to inform everyone of on going projects.

a. The Trustees are:

1. Dr Deshpande Project lead for India
2. Dr Lance Cope Treasurer
3. Shelley Quantrill Chairman
4. Eleanor Freeman Secretary
5. Rajeev Subheder Accountant

The Trustees of the charity have many responsibilities for documentation and finance being accountable to the UK Charity Commissions standards. The charity is run purely on a voluntary basis; Trustees do not receive any remuneration for work undertaken. All finance sheets are officially audited each year and are available on request, copies of the Trustee meetings are available on the website.

The website www.topopdoc.doc is continually being updated. As a member of the team you will automatically be included with images / interviews during your visit unless you specifically request not to be included.

3. Fund raising

It is up to each individual to give a gift aid donation towards the equivalent of their flight, which is approximately £600.00 return, this could either be self funded or raised through organised events.

Each year team members hold functions / events to raise money to help with the shipment of equipment to either India or Nigeria; you are most welcome to participate or organise an event.

4. Equipment

It costs the Charity anything up to £4,000 a year to store, send equipment from our doors to the London shipping port. The Walawalkar Hospital is responsible for getting the container from London port to their stores.

Most equipment whether out of date or simply obsolete can be used in the countries we support however drugs and medication are not permitted. The hospital has a sterilisation unit if equipment requires it.

It may be the case that you require equipment to enable you to perform your work with during your stay in India, special arrangements need to be put in place to ensure this happens, either by early shipment, taking the equipment with us or arranging for delivery direct to the hospital.

Please let one of the Trustees know if any special arrangements are needed.

5. Flights to and from India

In 2018 we fly from Newcastle airport to Mumbai airport via Dubai.

Once we arrive in Mumbai we will be welcomed by people who support the Walawalkar Charity hospital, Nandan Hande Patil and Shashi Jugal look after us from arrival to departure back to the UK.

Depending on flight times we freshen up and have breakfast in the Kohinoor hotel in Mumbai ready for the journey to Derwan by bus so please have a change of clothes in your hand luggage. The time it takes to get to Derwan depends on the traffic and can be anything from 5 to 8 hours! You may need anti-sickness tablets prior to boarding the bus.

6. Rupees / Sterling exchange

Individuals need to take the sterling they want to exchange where we can arrange for this on arrival at Mumbai hotel (current rate was 85 to £1) any unused rupees from individuals can be collected and exchanged on arrival back at Mumbai airport.

7. Rest and Recuperation

Food during the working day

You need to arrange with your individual surgical team when a break is required, the hospital do provide tasty snacks and Chai (sweet tea) you may need to consider taking your own brand of tea or coffee if that is preferred.

On the evening

After work the hospital do provide food and drink which is predominantly of Indian culture. If you have special diet requirements then you need to discuss this with the Trustees prior to the trip

During the working week

There is an excellent sports complex on the site with a running track, indoor pool (cold!) and gymnasium. Usually a team outing to use the facilities is arranged on 1 evening.

After the working week

This year many of the group are planning to visit a hotel on the coast towards Goa for a relaxing 2 night break. We will then return to Mumbai via an internal flight from Goa to Mumbai. It is hoped that all members of the team will keep together for the R and R unless you specifically request by return not to join us. Each member of the team is responsible for paying for their accommodation, expenses at the hotel (we will get a good rate!) and internal flight as obviously the charity cannot fund this.

Applying for a visa

Visas are now available online. Use the official website:

<https://indianvisaonline.gov.in/visa/index.html>

It is not necessary to use the advertised websites that come up on internet searches as they will add a surcharge.

It is strongly recommended that you read all the relevant sections of the website, plus the 'general guidance' section below BEFORE filling out the main application form.

A photograph is required – please follow the instructions carefully as they are meticulous!

You will need the following information:

1. Purpose of visit = Tourist
2. Duration of visit = 6 months remember the visa commences from the date it is issued.
3. No of entries into India = 1 (unless you intend to go back within the 6 months of course)
4. Places to visit in India = Derwan, + wherever you are going to stay in hotel i.e. Goa.
5. Port of arrival and departure = Mumbai
6. UK Referees (as you wish)
7. In India
 - a. Mrs Suvarna Patil BKL Walawalkar Hospital (Medical Director) Tel: 91+9921251695, Dervan, Taluka Chiplun, Ratnagiri, Maharashtra, Pin code 415606.
 - b. Mr Sunil Nadkarni Consultant Orthopaedic Surgeon, BKL Walawalkar hospital
 - c. Mr Prafulla Godbole Hospital Administrator Tel: 91+982212090

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Once complete you pay online. The cost is \$60US

Alternatively you may wish to use:

<http://www.sanamtravel.co.uk/visa-services/4574892177>

They are based on Stanhope St in Newcastle and provide an efficient but more expensive service (£119 +£20 for photograph).

8. Hospital contact details

The hospital is located halfway between Mumbai and Goa on the Mumbai Goa highway. It is 19km towards Goa from Chiplun, which is the major town nearest to the hospital. From Mumbai it takes approximately 5hrs by road. There is also the Konkan railway Bhaktshreshtha Kamalakar pant Laxman Walawalkar Hospital, Diagnostic & Research Centre, Shreekshetra Dervan, Tel.-Chiplun, Dist. - Ratnagiri – 415606, Maharashtra, India.

Phone: 91-2355-264137/264149 Fax: 264181.

Mail us at: info@walawalkarhospital.com

9. Vaccinations

Vaccinations which are usually advised or boosters if necessary are: Diphtheria, Hepatitis A, Polio, Tetanus and Typhoid. We have been advised previously that the area we visit is not malarial. The best advice we can give is for each individual to make an appointment with their GP and inform them they are going to the Mumbai and Goa Regions.

Up to date information available online:

<http://wwwnc.cdc.gov/travel/destinations/traveler/none/india>

12. Professional Agreement for UK Staff Visiting Walawalkar Hospital Dervan India

Registration with the Medical Council of India is by online application:

<http://www.mciindia.org/>

You will require:

Attested copies of your professional medical qualifications

Attested copies of valid Permanent registration certificate issued by the licencing authority of the concerned country.

An attested copy of admission letter issued by Indian based sponsoring authority stating therein the name of faculty/ duration of course.

Once application is completed please email them with attached certificates to Mrs Suvarna Patil , Medical Director, Dervan.

(Ensure all documents are included, but do not make a draft as hospital pays for the registration fees)

Further details to follow. We need to complete the application form but the actual submission must be made from the Walawalkar Hospital not directly from the UK.

Our aim is to prepare individuals travelling to India to carry out charitable work to prevent any misunderstandings during the stay.

All individuals must agree to:

Working in India

1. If any individual has never visited India let alone worked in one then they need to speak to veterans of previous visits as this has proved to be very challenging for some
2. The stresses and strains of working in a challenging and limited environment can cause the most minor of things to escalate into major problems. It is up to the individual to discuss these concerns whilst in India to resolve problems.
3. Standards and practice will differ to your normal UK practice. You are there to help them move into the 21st century via advice and training and building confidence. You will very quickly notice how committed and hard working the staff are in the hospital, equally how hungry they are to better themselves with up to date information.

Health and safety

1. Inform Sanjay or trustees if you have any allergies i.e. Latex or special medical requirements
2. Be responsible for your own medical insurance policies
3. Be responsible for ensuring you are up to date with inoculations / immunisation.
4. Be responsible for wearing your PPE whilst operating in India
5. Be aware of and avoid stray dogs which may bite and transmit Rabies
6. Advised to wear footwear sandals / Trainers on the beach

Finances

1. You must raise your travel costs / flights via sponsors / supporting fund raising events or self fund
2. A sum of money will be taken from the account to exchange for local currency (rupees) this money is used to collectively pay for group meals / refreshments etc during the journey.

Level of Commitment

1. Ideally the project leader will have an estimate of the type of surgery to be carried out, be aware historically this has changed on a daily basis (No different from the UK really)
2. The nature of the work carried out may necessitate working long hours normally from 0730 to 1930 it is up to the surgical team in each theatre to negotiate amongst themselves what level of commitment they are prepared to do.

3. Sanjay will discuss what you will be involved in throughout the trip whether Surgery Anaesthetics or teaching
4. Personal alcohol can be consumed in the accommodation area however please respect our hosts and equally our colleagues at night (prefer to sleep by midnight)
5. The resident Medical / Nursing staff need to be observed during practice and where possible taught under close supervision, your aim is to teach and lead by example.
6. Any clinical / non-clinical decisions or issues raised during your work in Derwan should be raised with the trustees for advice.

13. Frequently asked questions

1. What clothes do we need to take

A) On arrival at Kohinoor Hotel Mumbai

i) Change of clothing and shower facility in hand luggage, as you may not get access to your suitcase in the hold

B) At the hospital

- i) Casual clothing for going to and from hospital and accommodation shorts / sandals are acceptable
- ii) In the evening again shorts / light weight dresses / trousers
- iii) Swimwear

C) At the resort

- i) Casual / shorts / swimwear / sandals / trainers
- ii) A light fleece would be good to take, as the evenings can get a bit chilly

2. Wi-Fi

- i) Wi-Fi is available at the hospital in the accommodation area, several staff take their laptops for emails or webcam

3. Voltage

- i) The Voltage is 220v You will require an adaptor to plug in appliances

4. Sleeping Arrangements

- i) Accommodation at the hospital is in single sex shared twin rooms. You will be allocated a 'room mate'.
- ii) Equally at the resort we will be booking twin rooms unless you specifically require a single.

5. What languages are spoken

- i) English / Marathi / Hindi

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6. What is the climate like

- i) The climate is tropical. The monsoon lasts from June – September. Summer months of April and May can get very hot and humid. The temperature is typically 70 – 80 degrees F the rest of the year

If anyone has any additional information for the pack please let us know

Have a safe and rewarding trip

Regards and best wishes

Lance Cope
Treasurer, SVJC Trust

Sanjay Deshpande
Project Lead

Shelley Quantrill
Chairman, SVJC Trust

Eleanor Freeman
Secretary, SVJC Trust